

INFANT MASSAGE CLASSES

Bring your baby to this unique learning experience.
For ages 3 weeks to crawling.



Caring touch for babies, children, teenagers, and parents.

VOILÀ LA FAMILIA SCHEDULE

Paule-Dominique Anneheim

Massage Therapist CMT, Certified Infant Massage Therapist

Paule-Dominique will help you to recognize your baby's cues for what it is feeling. She will show you simple strokes to relieve colic, gas, and tension. She will also demonstrate various massage techniques to relax your baby. The class ends with a question and answer period.

For more information visit www.voilalafamilia.com

One session is \$70 for 1 hour and 20 minutes including a **free gift** of Organic JoJoban oil. **Register 10 days early and save 10%.**

Classes are held weekdays:

Monday 11:00 am to 12:20 pm

Friday 10:00 am to 11:20 am

Classes are held Saturday and Sunday:

Class A 11:00 am to 12:20 pm

Class B 3:00 am to 4:20 pm

Please register early, space is limited.

paule@voilalafamilia.com

415-309-5109

Remember to bring your **BABY**, a blanket, a towel, a pillow and your regular supplies. Wear loose clothing, we will be sitting on the floor.